



2023

| | | septembre | octobre | novembre | décembre |
|----|------------|-----------|------------|-------------|-------------|
| 1 | V | | D | M | V |
| 2 | S | | L | J | S |
| 3 | D | | M | V | D |
| 4 | L | | M Séance 4 | S | L |
| 5 | M | | J | D | M |
| 6 | M | | V | L | M Séance 11 |
| 7 | J | | S | M | J |
| 8 | V | | D | M Séance 7 | V |
| 9 | S | | L | J | S |
| 10 | D | | M | V | D |
| 11 | L | | M Séance 5 | S | L |
| 12 | M | | J | D | M |
| 13 | M Séance 1 | | V | L | M Séance 12 |
| 14 | J | | S | M | J |
| 15 | V | | D | M Séance 8 | V |
| 16 | S | | L | J | S |
| 17 | D | | M | V | D |
| 18 | L | | M Séance 6 | S | L |
| 19 | M | | J | D | M |
| 20 | M Séance 2 | | V | L | M Séance 13 |
| 21 | J | | S | M | J |
| 22 | V | | D | M Séance 9 | V |
| 23 | S | | L | J | S |
| 24 | D | | M | V | D |
| 25 | L | | M | S | L |
| 26 | M | | J | D | M |
| 27 | M Séance 3 | | V | L | M |
| 28 | J | | S | M | J |
| 29 | V | | D | M Séance 10 | V |
| 30 | S | | L | J | S |
| 31 | | | M | | D |

2024

| | | janvier | février | mars | avril | mai | juin |
|----|-------------|---------|-------------|-------------|-------------|-------------|-------------|
| 1 | L | | J | V | L | M | S |
| 2 | M | | V | S | M | J | D |
| 3 | M | | S | D | M Séance 24 | V | L |
| 4 | J | | D | L | J | S | M |
| 5 | V | | L | M | V | D | M Séance 29 |
| 6 | S | | M | M Séance 20 | S | L | J |
| 7 | D | | M Séance 18 | J | D | M | V |
| 8 | L | | J | V | L | M | S |
| 9 | M | | V | S | M | J | D |
| 10 | M Séance 14 | | S | D | M Séance 25 | V | L |
| 11 | J | | D | L | J | S | M |
| 12 | V | | L | M | V | D | M Séance 30 |
| 13 | S | | M | M Séance 21 | S | L | J |
| 14 | D | | M Séance 19 | J | D | M | V |
| 15 | L | | J | V | L | M Séance 26 | S |
| 16 | M | | V | S | M | J | D |
| 17 | M Séance 15 | | S | D | M | V | L |
| 18 | J | | D | L | J | S | M |
| 19 | V | | L | M | V | D | M Séance 31 |
| 20 | S | | M | M Séance 22 | S | L | J |
| 21 | D | | M | J | D | M | V |
| 22 | L | | J | V | L | M Séance 27 | S |
| 23 | M | | V | S | M | J | D |
| 24 | M Séance 16 | | S | D | M | V | L |
| 25 | J | | D | L | J | S | M |
| 26 | V | | L | M | V | D | M Séance 32 |
| 27 | S | | M | M Séance 23 | S | L | J |
| 28 | D | | M | J | D | M | V |
| 29 | L | | J | V | L | M Séance 28 | S |
| 30 | M | | | S | M | J | D |
| 31 | M Séance 17 | | | D | | V | |

 Séance Gym douce

 Vacances scolaires et jours fériés